

OPIS TRETMANA

Parcijalna masaža | *Partial massage* - 30 min

60 KM

Trideset minuta u kojima ne moraš raditi ništa osim ležati. Biraj masažu leđa i ruku ili nogu i stopala — kratak predah koji tijelo osjeti odmah.

Thirty minutes in which you don't have to do anything but lie back and relax. Choose between a back and arm massage or a leg and foot massage — a short break your body will feel immediately.

Parcijalna masaža | *Partial massage* - 45 min

75 KM

Leđa, ruke, stražnja strana nogu i stopala — dovoljno vremena da napetost stvarno popusti, ne samo da se pomjeri.

Back, arms, backs of the legs and feet — enough time for the tension to truly ease, not just shift elsewhere.

Relax masaža | *Relax massage*

95 KM

Noge, stopala, leđa i ruke, nježnim pokretima koji tijelo umiruju umjesto da ga bude. Izlaziš lakši nego što si ušao.

Legs, feet, back and arms, with gentle movements that soothe the body rather than stimulate it. You leave feeling lighter than when you came in.

portska masaža | *Sports massage*

110KM

Za tijelo koje treba dublje, ne nježnije. Snažniji pritisak kroz noge, stopala, leđa i ruke pomaže mišićima da se stvarno oporave, ne samo da se opuste na trenutak.

For a body that needs deeper work, not a gentler touch. Firmer pressure applied to the legs, feet, back and arms helps the muscles truly recover, not just relax for a moment.

Antistress Top to Toe

130KM

Masaža cijelog tijela, laganim pokretima koji smiruju misli prije nego mišiće. Za dane kada ti treba tišina, ne intenzitet.

109 KM
po osobi
per person

A full-body massage with gentle movements that calm the mind before the muscles. For the days when you need quiet, not intensity.

5 Steps to Heaven

150KM

Pet koraka, jedan za drugim — masaža glave, leđa i stopala, dry brushing i hidratantna maska za lice. Svaki korak nadovezuje se na prethodni, dok se tijelo i glava ne nađu na istom mjestu.

119 KM
po osobi
per person

Five steps, one after another — head, back and foot massage, dry brushing and a hydrating face mask. Each step builds on the one before it, until body and mind feel completely in sync.

Rezervaciju možete napraviti putem spa@hotelnomad.ba, 033/491-014 ili WhatsApp/Viber poruke 061/674-763. | You can make a reservation via spa@hotelnomad.ba, 033/491-014 or WhatsApp/Viber message 061/674-763.

RADNO VRIJEME:

8:00 - 22:00

SAMO ZA ODRASLE (16+):

19:00 - 22:00



★★★★★
NOMAD
BJELAŠNICA